SLIPS, TRIPS, AND FALLS

Slips, trips, and falls put workers at risk of sprains, strains, bruises, concussions, and fractures. Falls often result from slipping or tripping. About 27% of non-fatal work injuries leading to missed workdays are related to slips, trips, and falls.



FALL PREVENTION TIPS



If you see something you might slip or trip on, tell your supervisor right away.



Clean up spills and anything slippery.



Clear walkways, stairs, and lobbies of anything that might be a tripping hazard.



Before using any ladder or stepladder, make sure it opens fully.



Use handrails when you walk up and down steps.



Clean off any slippery material on the rungs, steps, or feet of a ladder before you use it.



PREVENTING FALLS



